

**Automatic and Reflective Determinants of Physical Activity: The Role of Fatigue
in People with Multiple Sclerosis**

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Researchers at Purdue University are working to evaluate the association that certain behaviors and attitudes have with physical activity, as well as how fatigue can impact these associations. **We believe that as a recipient of this newsletter, you and/or someone you know may be eligible to participate in our study.**

This study is entitled: “*Automatic and Reflective Determinants of Physical Activity: The Role of Fatigue in People with Multiple Sclerosis*” and is being conducted by researchers (Emily Jakob, PhD Candidate) at Purdue University in West Lafayette, Indiana. Purdue University IRB has approved this study (IRB #: 2025-00000141).

In order to participate, you must:

- 1) be aged 18 years or older.
- 2) have a confirmed diagnosis of multiple sclerosis.
- 3) have no severe mobility impairments (e.g. not wheelchair-bound or bedridden)
- 4) be able to read and understand English.
- 5) reside in the United States.

What’s involved?

- This study will take place over 5 weeks; however, your involvement will only take approximately 20 minutes in total.
- You will first be asked to fill out an online survey (approximately 15 minutes).
- After four weeks, fill out another online survey (approximately 5 minutes)

Why Join?

- You will be entered into a drawing for one of 20 Visa gift cards valued at \$50 upon completion of all surveys (odds of winning are between 2.6 and 3.6%, depending on how many study participants complete both online surveys).
- You will help provide information that can improve the physical activity behavior of those in the community with MS.

Participation in the research study is entirely voluntary, and you have the ability to stop at any time.

STUDY2025-00000141: Automatic and Reflective
Determinants of Physical Activity: The Role of
Fatigue in People with Multiple Sclerosis



Interested?

To participate, please follow this link or copy and paste it into your browser:

https://purdue.ca1.qualtrics.com/jfe/form/SV_douenJftXAcGxVk

For more information, please contact Emily Jakob by telephone at 765-496-2231 or by email at ejakob@purdue.edu