



## SYMPTOMS



MS affects everyone differently and causes a wide range of symptoms, some more common than others.

- ◆ **Having difficulty with your vision?** In February, we explored [nystagmus](#), an eye movement disorder that is sometimes associated with MS.
- ◆ **Is keeping your balance an issue?** Read more about two related symptoms that over half of people with MS struggle with – [dizziness and vertigo](#).
- ◆ **Are you living with chronic facial pain?** Our August newsletter provides insight into [trigeminal neuralgia](#), including ways to manage it.
- ◆ **Can't stand the heat? You're not alone!** [Read about](#) a challenge the vast majority of people with MS face – heat sensitivity.
- ◆ **Does MS leave you feeling on the edge?** You may be able to learn some new ways to restore your inner peace [here](#).
- ◆ **Did you know that Lyme disease and MS are often confused?** [Learn](#) the differences between the two conditions and why it's important to distinguish between them.
- ◆ **Is it MS, or am I just getting older?** In November we covered [late-onset MS](#) in individuals over the age of 50.



It's important to diagnose MS as early as possible, so that treatment can begin and, ideally, prevent the progression of neurological damage and disability.

- ◆ **Are you curious about how MS is diagnosed?** In August, September and October we did a series on the tools that neurologists use for this purpose: the [McDonald Criteria](#), [magnetic resonance imaging](#) and [lumbar puncture](#). Read on to learn more!



◆ **Who's at the helm of ACP?** Our Board is a diverse group of generous individuals with different schooling and expertise, each of whom plays a key role in moving ACP and MS research toward a cure. Read about them [here!](#)

According to ACP's Chief Research Officer, Robert McBurney, ACP's fundamental approach can be stated as "we don't do the research, we create much-needed resources and capabilities that make MS research go faster and better." We're grateful for the many ways that our partners, donors and volunteers have given of their time, talents and resources to help us do this work. Together we are accelerating research for all affected by MS, bringing us closer to a cure. We look forward to new possibilities in the upcoming year. In Hollie Schmidt's words (ACP's VP of Scientific Operations), "There is always something new to learn, some new challenge to address, or some new breakthrough to celebrate. Much progress has been made in MS in the past couple of decades, and there is still much left to do. It's exciting to be a part of it!" Stay tuned, and look for updates in future newsletters!

