Keeping Our Ear to the Ground

People living with MS are the heart and soul of iConquerMS. The initiative is in tune with the interests and needs of the MS community and working with MS researchers to shape and guide their projects in directions that matter most to people living with the disease. In 2016, iConquerMS launched REAL MS™ (Research Engagement About Life with Multiple Sclerosis), an ongoing longitudinal study of MS. The data collected from study participants are a growing and powerful resource for MS research, providing investigators and clinicians with real-life information on what living with MS is like.

REAL MS data have facilitated research into a number of interesting topics:

- Stigma & Satisfaction with Social Roles
- Lifestyle Behaviors
- Tools to Assess MS Disability
- MS Symptoms & Subtypes
- Symptoms, Functioning & Quality of Life

iConquerMS currently has over 7,800 participants from 58 countries and all 50 states, DC and Puerto Rico.

In response to your suggestions, our April newsletter also features an article on dizziness and vertigo in MS. Click here to learn more!

The next round of REAL MS surveys is available now through the iConquerMS portal. If you haven’t already, please complete yours today! It’s one of the simplest ways you can accelerate MS research. If you are not already a member, please consider joining iConquerMS, the only people-powered research network for MS!