

July 2021 Newsletter



July 2021 Research Spotlight

RESEARCH OPPORTUNITIES



University of Washington Community Health Study

The University of Washington's (UW) Department of Rehabilitation Medicine is conducting a study to increase our knowledge about aging with a disability.

Participation in this study would include either 8 telemedicine visits with a wellness coach over 6 months or continuing with your normal care, as well as filling out 4 surveys over 12 months. You are eligible for financial compensation for surveys you fill out along the way.

Researchers at UW are seeking participants who:

- Are ages 45 – 64
- Have been diagnosed with a neurologic or muscular medical condition that creates difficulties or challenges in your daily living
- Experienced symptoms of this condition prior to age 40

Are you ready to learn more or get started? Contact the Research on Aging, Disability and Resilience (RADAR) Lab by calling 1-866-928-2114 or emailing communityhealthstudy@uw.edu.



UW Medicine
DEPARTMENT OF
REHABILITATION MEDICINE

Diagnosed with Multiple Sclerosis within the past 3 years?

What is it?

The Coping & Adjusting to Living with Multiple Sclerosis (CALMS) study is looking for adult participants diagnosed with MS within the past 3 years.

What is involved?

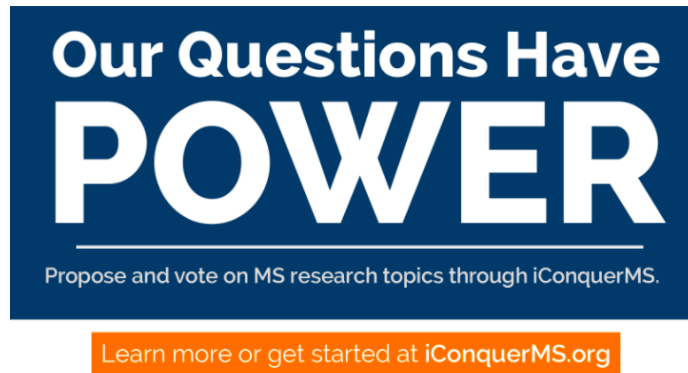
This study involves 1x week telephone or video Cognitive Behavioral Therapy (CBT) sessions with a counselor for 7 weeks, completing questionnaires and game sessions (receive up to \$175 for completing questionnaires and games).

Eligibility:

- 18 years of age, or older
- Diagnosed with Multiple Sclerosis within the past 3 years
- Experiencing feelings of unease/stress regarding the recent MS diagnosis
- Read, write, and understand English

Interested in participating?

Contact the study team at 1-866-928-2114 or CALMS@uw.edu.

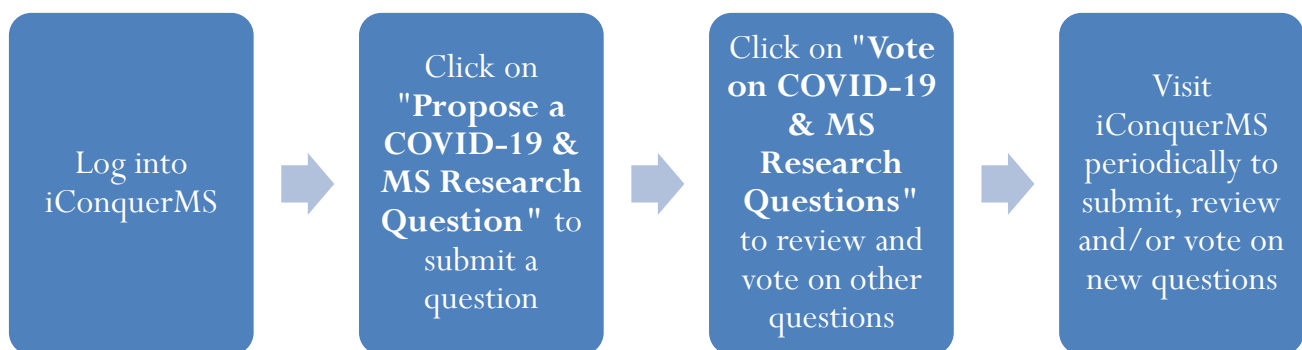


Power MS Research With Your Questions and Priorities!

iConquerMS is leading the movement to include the patient perspective in every step of MS research. Now, network members can play a larger role than ever before in initiating and collaborating with researchers on studies that will expand knowledge in areas that matter most to people affected by MS.

iConquerMS members have always been able to submit research questions to the initiative. It's now possible to comment and vote on questions submitted by the community through the newly launched [Our Questions Have Power](#) program. Questions that are high priority for the iConquerMS community will be shared with researchers and funders, who will work in collaboration with the iConquerMS community to develop them into research studies.

Participation is easy!



If you are not already a member, please consider [joining](#) iConquerMS, the only people-powered research network for MS. Add your voice to those working together to improve MS care and bring us closer to a cure!