Thank you for the Teamwork!

iConquerMS™ (iCMS) brings together people with MS, their care partners, MS researchers, healthcare providers, funders and other stakeholders to improve the health, healthcare and quality of life for people affected by the disease. This groundbreaking initiative enables everyone affected by MS to contribute to new breakthroughs in MS research. We are grateful for the participation of many individuals and organizations who have contributed to its success.

A number of stakeholders played a key role in the creation of iCMS. Without them, we wouldn’t be where we are today. The ACP team has led the initiative since its inception, driving efforts to build and grow the initiative. The Patient-Centered Outcomes Research Institute (PCORI) provided the funding needed to build and operate iCMS for the first five years and continues to fund components of the initiative today. Feinstein Kean Healthcare (now incorporated into Ogilvy) led the strategic planning for the network and the development of initial outreach and visibility efforts. Complex Adaptive Systems at Arizona State University partnered with Life Data Systems Inc to develop the IT components underpinning iCMS. These components allow people affected by MS to
easily and securely contribute their health data, insights, and expertise through the iCMS portal.

The iCMS governance structure includes a Governing Board and two committees. The Governing Board oversees all iCMS activities. The Engagement Committee focuses on recruitment of new members and engagement with current members, and the Research Committee serves as a link between researchers and the iCMS community. Most iCMS board and committee members are people with MS. This enables the initiative to stay focused on the needs and interests of people affected by the disease. Highlighted below are three individuals who help with the iCMS governance in different capacities. We are grateful for their hard work and the efforts of many other individuals who serve behind the scenes to make this innovative initiative possible.

**Thank you to the iCMS Governance**

Heather Siefers was formerly the Biorepository manager for the ACP Repository, and is now Chair of the iCMS Governing Board. She was diagnosed with MS in 2003, at the age of 28. In Heather’s words, “Prior to iCMS, I did not have a network of individuals living with MS with whom I could connect and share my experience. Being on the Board has allowed me to find my MS ‘family,’ where we can provide support to each other, advice, and encouragement.” According to Heather, the Board’s biggest challenge is developing and cultivating a forward-looking strategy for the initiative. When asked what she enjoys most about her role, Heather states, “Being able to infuse the patient voice into research has been an incredible and rewarding experience. Pioneering the concept of bridging the divide between the various stakeholders (e.g. Pharma, researchers, patients, care-providers) has showcased the strengths of iCMS and its leadership, of which I am honored to be a part.” Looking to the future, Heather shares, “I would like to see iCMS continue with its growth and sustainability strategy but with sustained emphasis on expanding the diversity within the organization to become a more inclusive representation of the MS patient population.”
One of Anita Williams’ many roles at iCMS is Co-Chair of the Engagement Committee. When asked about her service, she states, “So much about MS can leave one feeling powerless and at the mercy of neurologists, clinicians, physician’s assistants, radiologists, etc. Within the research community, iCMS places me, the person living with MS, at the center of the discussion. The power that is ‘power in research’ is me.” According to Anita, the Engagement Committee’s biggest challenge is finding enticing ways to reach new members in a way that is authentic to the initiative. In her words, “We have a lot to offer and we need to cut through the noise to reach not just new members, but potential advocates.” When asked what she enjoys most about her work on behalf of iCMS, she shares, “The people!!! I get to collaborate and learn from some of the smartest, most passionate, and committed individuals around. I am blessed to know them.” Anita’s view for the future of iCMS is “Endless and boundless! So much is going on. So much is percolating under the surface. It’s like that pot of water you wait to boil. At first you see those tiny little bubbles just popping like champagne. Then, the surface trembles a bit. Then *bam*, it’s suddenly boiling. iCMS is that pot getting ready to boil that commands your attention.”

Amanda Windhof lends her time and talents on the Research Committee. She was diagnosed with MS 5 years ago. In her words, “The Research Committee’s role is to ensure that every research idea that is presented to us is of high quality, and there is a clear and well thought out research design. We also discuss new collaborations and keep up to date on ongoing research projects.” Amanda enjoys the open mindedness of her iCMS comrades. She shares, “My biggest joy with this group is that, it doesn't matter what your background or experience is. If you have an idea to discuss with the group, everyone will listen and discuss. Coming from academia, this is a very different atmosphere than I am used to, and it is so refreshing. We are all experts in our own way, so all of our voices should be heard.” Amanda feels the Research Committee’s biggest challenge is balancing the desire to drive research forward and keeping iCMS members’ best interests at the heart of every decision. When asked what she enjoys most about her role, “The people. I have been able to meet and interact with so many inspiring people on this committee, and they really listen to each other and consider everyone’s ideas equally. That is really rare to experience.” Amanda’s view for the future for the initiative is limitless. “What I have learned about iCMS is they are determined to make pretty much anything happen that is important to people affected by MS. They have shown that they can adapt and grow to
encompass any challenge that comes their way. They are open to collaboration, which I see as one of their greatest strengths. So, I see the future of iCMS as ready for anything.”

We are grateful for our ongoing collaboration with many leading MS organizations and are thankful to a number of MS clinics for their leadership, commitment, participation, and support. We're proud to partner with organizations that help people with MS learn about, talk about, and engage with research, such as RealTalk MS and Smart Patients and appreciate their efforts to help spread the word about the work iCMS is doing.

We’d like to extend a heartfelt thank you to everyone who is contributing their health information, insights and ideas to iCMS. To date, the initiative has over 6,700 members from 58 countries and all 50 states, DC and Puerto Rico. Participants include people living with MS, family members, and other loved ones. This broad participation is vital for helping researchers better understand, treat, and ultimately cure MS. If you have MS, care for someone with MS, or simply want to support MS research, you are also welcome to participate. If you haven’t already done so, please consider joining the iCMS community today and add your voice to the thousands already driving MS research forward!
Volunteers don’t necessarily have the time, they just have the heart

- Elizabeth Andrew

Volunteers make a huge difference in ACP’s ability to accelerate and advance MS research. We are grateful for hundreds of donated hours that support our work each year. This year has been filled with uncertainty and new hurdles to overcome, but our volunteers have risen to the challenge and found safe ways to help us with a wide variety of important tasks. Some have hosted fundraising events to raise money that enables the work that we do. Others are a tremendous help with administrative tasks and other projects. We are very grateful for these remarkable individuals who have freely given of their time and talents!

Kemp Jaycox has been living with MS since 2003. Each year, he organizes an annual walk to support ACP. Neighbors, family members and friends have gathered to participate in these walks in many beautiful places, such as Yellowstone National Park and the Canadian Rockies. On Saturday, October 10th, Kemp and his family raised over $7,600 for ACP as they enjoyed a beautiful autumn day together walking through Rocky River Reservation, a local Metro Park in Cleveland. In Kemp’s words, “The leaves were just beginning to change colors so the backdrop was really pretty. It was nice to see so many people using the park including cyclists, walkers, people picnicking and even fly fishing in Rocky River. Nature is a great antidote when the country is in the middle of a pandemic and political and social unrest during a presidential election year.” When asked what inspires him to raise funds on ACP’s behalf, Kemp responded, “I have always been drawn to the ACP for their focus on facilitating research. MS is a terrible disease that strikes most people in the prime of their lives. From my perspective, neurological diseases such as MS don’t get the attention and share of research dollars that other high-priority causes do, such as cancer and heart disease. Therefore, I believe private individuals can step up to contribute financially to facilitate much-needed research… I am 

Kemp and his wife, Cindy Fink
incredibly grateful for my family, friends and neighbors who support my walk! I am truly blessed to have a wonderful support network. This is my way of paying it forward to other people who suffer from MS and hopefully one day will benefit from research breakthroughs facilitated by the ACP and other valuable organizations.”

Marion Leeds Carroll is an experienced opera singer and stage director from Arlington, MA. She has lived with MS since 1988. As her MS symptoms grew, Marion began limiting her performances, concentrating instead on directing and organizing concerts. Every year in October, Marion and a group of colleagues perform a concert to benefit ACP, featuring solo instruments, chamber-music ensembles and singers who perform a diverse repertoire of classical music. To keep everyone healthy and safe, this year’s concert is virtual, featuring 16 performers. Marion is one of the performers, chanting verses from Genesis, describing the birth of Isaac and the banishment of Ismael and his mother, Hagar. With the concert hosted this year on YouTube, anyone, anywhere can join in the fun. Marion’s biggest challenge organizing a virtual concert was deciding how to give people a chance to join in. She shares, “Once I was introduced to YouTube Channels I knew how to run it… but although I hoped to be able to work with a virtual accompanist myself and then give advice to others, I ended up doing an a capella piece and performers found their own way to perform together.” Marion’s fundraising efforts this year have raised a growing total of over $1,000. When asked what inspires her to raise funds on ACP’s behalf, she states, “I’ve had a pretty mild case (of MS), but by 2000 I was showing permanent disabilities, and was looking for more help. It was not long after that I heard about what was then the Boston Cure Project and was very impressed by its attitude towards supporting researchers and encouraging them to help each other. When I read about ACP’s founder’s story - how he figured, ‘I’m smart - I’ll find a cure myself!’ and eventually realized that he’d be better off using his own skills to support others who were using theirs to aim for a cure - I decided to use my own skills (in classical music) to support ACP, hoping I can help the team a little bit…”
Patrick Curley is a Certified Elder Law Attorney with Curley Law Firm LLP in Wakefield, MA and also donates his time and expertise as an ACP Board member. Over the last few years, he has turned his passion for sports into fundraising opportunities to benefit ACP. From 2014 to 2018 he raised money by paddling in the Essex River Race. For the past two years, climbing mountains has been his focus. In his words, “My son Alan and I had a great climb up Mount Monadnock last year. We considered hiking Monadnock again, but it is a very popular hiking mountain and we were worried about the COVID risks if there were too many people on the trail not wearing masks. So, we decided to take the road less traveled and picked a less popular peak, Mount Gunstock in southern NH.” Patrick’s family raised over $4,500 while conquering Mount Gunstock on Friday, October 23rd. He states, “Our kids happened to be off from school that day and we knew there would be no crowds on the trail. We had the mountain to ourselves!” When asked what he enjoyed most about this year’s climb, he shares, “Two things. First, hiking with my whole family felt great. They are with me through thick and thin on this journey and I love and appreciate them. Second, getting out into the woods and smelling the pine forest, seeing the different colored foliage, enjoying the silence of the forest, all of it is just amazing. I feel incredibly alive in the forest. That is especially true during this COVID crisis that makes you question even the air you are breathing. Our climb was invigorating.” When asked what inspires him to raise funds on ACP’s behalf, he states, “ACP is doing something no one else is. Its biorepository is accelerating research towards better treatments and a cure, while iConquerMS offers a vigorous community, both nationally and internationally, for those living with MS as well as people impacted by MS to work together with researchers and pharmaceutical companies to truly target research to the needs of our community.”

Since 1997, the Mary J. Szczepanski "Never Give Up" MS Scholarship Foundation has been awarding scholarships to high school seniors and college students who have used their creativity and determination to raise funds for MS. Ten $500.00 scholarships are awarded each year. This extraordinary program has touched the lives of many across the United States and is
constantly raising awareness about MS. We are grateful to the Szczepanski family and the students, who raised $1,930 to benefit ACP this year.

Stubhy Pandav is the lead singer of the popular Chicago band, Lucky Boys Confusion. After having symptoms for many years, he was diagnosed with MS in 2018. Stubhy is using his musical talent and connections to raise awareness about MS and funds to benefit ACP. In his words, “I realize how lucky I am to be born when I was because back in the 80’s, MS was a wheelchair sentence. So, it’s my turn to give back… I realize that I have a platform here where I can make at least a little bit of a difference.” Stubhy hosted the “MS Sucks, Singing for a Cure” concert on ACP’s behalf last year and hopes to host future concerts when it is safe to do so. In lieu of a concert this year, he plans to release a fundraising video. Stay tuned!

Our volunteers also help us with a variety of administrative tasks and other projects. ACP recruits many of its volunteers through postings on Volunteer Match, a network that connects volunteers with opportunities that match their skills in the nonprofit sector. We are thankful for the individuals who have answered the call to volunteer at ACP. They all have different backgrounds and interests and volunteer their time and talents in different ways.

Corinne Rhode has worked in banking for 13 years and has since transitioned to photography, focusing mainly on travel and landscape photography. Corinne learned about ACP through Volunteer Match. ACP’s posting caught her eye because she has friends with MS. Earlier this year Corinne helped put together information packets for people with MS and she helped write thank you cards to donors. More recently she gathered information on resources available in Virginia for a caregiver who needed help assisting her mother with mobility issues. When asked what she enjoys most about volunteering at ACP, she shares, “I’ve known people with MS so ACP and their work certainly holds a personal connection for me and the people at ACP are just so great to work with.”

Betty Lapide also helps by writing thank you notes to donors. In her words, “It makes me
feel useful and is something I can easily do from home.” Betty is from a small town in western Pennsylvania and moved to Boston after college. She was an elementary teacher, grades 4-7, for 38 years. Betty loves to bake, garden, play MahJongg, have lunch with friends and exercise. She learned about ACP while doing online research after she was diagnosed with MS in 2007. When asked what she enjoys most about volunteering at ACP, Betty shares, “I really enjoy the connections with people who are so involved in MS research. Their knowledge and hard work are so appreciated by those of us dealing with the disease. It gives me hope.”

Kelly Dutcher is a travel nurse recruiter with Host Healthcare. She was diagnosed with MS in August 2013. She shares, “Since my diagnosis I have always wanted to get involved in the MS community as a way to be a positive voice for others. I feel like there can be a lot of negative thoughts tied to an MS diagnosis and I hope that narrative can change… Everyone’s experience will be different and sometimes we just need to learn it’s ok to lean on each other for support and cheer each other on along our journey!” Kelly recently learned about ACP through MS staffer, Lindsey Santiago. She has been working on updating ACP’s LinkedIn page. In her words, “ACP doesn’t have much of a presence on LinkedIn and there is a lot that can be accomplished there! LinkedIn is a huge platform that people use today and I think ACP can greatly benefit from a few minor tweaks.” When asked what she enjoys most about volunteering at ACP, Kelly states, “I love that ACP is driving toward a cure because that is something I believe in and I believe that is achievable. The things that have been accomplished in just the last 5, 10 years in the medical world is already remarkable and makes me excited about what is just around the corner.”

We’d also like to thank Elif Ozsen, a student at Rutgers who is working on starting an organization about neurological disorders, like MS. We’re grateful for the Medeiros family, who have held annual fundraisers to benefit ACP since 2002. Unfortunately they had to cancel their event this year because of the pandemic. We also appreciate Nancy Feeney, who has assisted with past fundraising events and hopes to help Marion Leeds Carroll with hers in the future.

It’s been a pleasure working with our volunteers this year. We appreciate the contributions they, and many others, have made in support of our work. Their efforts make a big difference in ACP’s success. We strive for each of our volunteers to contribute
in a way that they find rewarding and fun. If you have a favorite activity friends and family members enjoy doing or talents you would like to share, hosting a fundraiser is a great way to reach out to your community, raise funds for ACP and have fun while doing it. Please contact Lindsey Santiago by phone (781) 487-0013, or by email lsantiago@acceleratedcure.org. We make it easy to support ACP in this way! If you are interested in joining the ACP team as a volunteer, please contact Sara by email sloud@acceleratedcure.org! We would love to hear from you!

November 2020 Research Spotlight

EVENTS

A New Podcast Series for People with MS

EMD Serono, in collaboration with Accelerated Cure Project, has released a 5-part educational podcast series, hosted by Jon Strum, called “Uncovering Sex in MS: A
Dialogue About Sex, Parenthood and Hormones.” The topics covered in the podcast series were developed based on input from the iConquerMS community – another example of how iConquerMS members are driving and shaping MS research and care!

Women are nearly 3 times more likely to develop MS than men. Because the majority of these women are diagnosed during their childbearing years, clinicians and patients are encouraged to incorporate family-planning discussions into their ongoing MS management conversations. Optimal patient care involves coordination among a woman’s neurologist, obstetrician/gynecologist, and primary care provider to ensure alignment on the woman’s individual family-planning choices and preferences.

**Episode 1** features 3 unique perspectives on preconception planning for women with MS: Dr. Lori Travis, a neurologist who specializes in treating patients with MS; Dr. Erkan Buyuk, a reproductive endocrinologist, and Ms. Shannon Green, a pregnant woman living with MS.

Family planning is not just a concern for women with MS. Men with MS also need to be involved in these discussions. They have different concerns about fertility and pregnancy than women with MS. Thus, optimal MS care involves coordination and communication among a man’s neurologist and other care team members, such as reproductive endocrinologists and urologists.

**Episode 2** features 3 unique perspectives on preconception planning for men with MS: Dr. Lori Travis, a neurologist who specializes in treating patients with MS; Dr. David Ryley, a reproductive endocrinologist with experience in treating men with MS; and Mr. Josh Evitt, a person living with MS who has experienced fertility concerns during the family-planning process.

For pregnant women with MS, preparing for the birth of a child can be a time of excitement and anxiety. Each woman should work closely with her neurologist and other care team members to determine how best to manage her MS in the postpartum period. In addition to postpartum disease management, postpartum depression should also be assessed, because although the data are limited, it appears that new mothers with MS may have an increased risk of postpartum depression.
**Episode 3** features 3 unique perspectives on postpartum planning for new mothers with MS: Ms. Melanie Huff, a nurse practitioner who specializes in MS; Dr. Adam Kaplin, a mental health specialist; and Lindsey, a mother with MS who has first-hand experience with the postpartum period.

Up to 90% of men with MS and up to 85% of women with MS will experience at least one form of sexual dysfunction, a higher prevalence than that of the general population. Whether the goal is to have biological children or a simple desire for intimacy and a healthy sex life, sexual dysfunction can take a toll on the physical and emotional aspects of a person’s quality of life.

**Episode 4** features 3 unique perspectives on how neurologists and patients can recognize and address concerns regarding sexual dysfunction: Dr. Barbara Green, a neurologist specializing in MS, and 2 people with MS, Brooke and Jim, both of whom have experienced sexual dysfunction.

Most patients with MS are diagnosed in early adulthood and live most of their lives with the disease. Various age-related changes can affect the disease course of MS over time. Sex hormones, including estradiol and testosterone, have been found to have neuroprotective effects. These hormones often decrease in patients as they approach their 50s, potentially impacting the disease course in patients with MS.

**Episode 5** features 3 unique perspectives on the effects of sex-hormone changes and age-related hormonal changes on the MS disease course: Ms. Amy Perrin Ross, an advanced practice nurse specializing in MS; and 2 people with MS, Mr. Dan Melfi and Ms. Kathey Carr, who discuss how these age-related hormonal changes have affected their disease and overall quality of life.
Interviews with People Taking Vumerity®: Understanding Your Treatment Experience

Researchers are seeking 20 people in the U.S. with relapsing forms of Multiple Sclerosis including clinically isolated syndrome (CIS), relapsing-remitting multiple sclerosis (RRMS), and active secondary progressive disease (SPMS) to participate in a 1-hour telephone/online interview. The purpose of the interview is to gain insights from people about their experience when taking Vumerity® treatment. The results from this research will be used to gain a better understanding of patients’ experiences with Vumerity® and inform how to better support current and future MS patients.

Participants must have taken Vumerity® for at least 5 weeks within the past 6 months; participants may currently be taking Vumerity® or may have discontinued Vumerity® within the past 6 months.

If you are interested and meet these criteria, please submit your information here:

https://www.research.net/r/InterviewOp_AcelCure

(Copy this link into your browser if the link does not work)

All participants who complete the 1-hour interview will be compensated. Participation is strictly voluntary, and your responses will remain anonymous.

Endeavour provides research opportunities to patients, caregivers, and healthcare providers, helping organizations who research and develop therapies. By participating in research, your experiences, perspectives, and opinions help researchers better understand diseases and treatment effects from your point of view. For information
A research team based at Johns Hopkins University is looking to interview adults who have multiple sclerosis (MS), and who have experience with clinical trials as part of their treatment. The aim of this research is to improve the understanding of people’s experiences living with multiple sclerosis and their participation in clinical trials. The project's goal is to create a web-based resource to support and inform other people who have this condition and who are considering participating in a clinical trial as part of their treatment for multiple sclerosis, as well as their families, friends, health care professionals, and many other audiences. A module will be created on the Health Experiences USA website: https://healthexperiencesusa.org/. Participants will partake in an interview about their experience living with multiple sclerosis, diagnosis, treatment, and participation in MS clinical trials. Interviews will last approximately 2 hours, and you will be eligible for a $50 gift card.

You can participate in the study if you:
1) have been diagnosed with multiple sclerosis, and
2) were diagnosed at least 1 year ago, and
3) have completed, dropped out, or declined to participate in a clinical trial, and
4) can comply with all study procedures and are available for the duration of the study

If you are interested, please complete the study’s quick eligibility survey here https://jhsph.co1.qualtrics.com/jfe/form/SV_6Vby6gNKY1gYVRH. If you are eligible for the study, a member of the research team will contact you to discuss the study and the possibility of your participation. You can also directly contact the study team via text or call
Call for Older Adults with Multiple Sclerosis

Are you 60 years or older and living with MS? Are you interested in receiving the HALT MS Research Center Newsletters? Do you want to know more about our events, research activities and findings, or general information about healthy aging and MS?

If the answers to these questions are yes, researchers at the University of Alabama at Birmingham (UAB) invite you to take part in the HALT MS Registry.

What will you do?
You will be asked to register and provide your name and email address.

Why is this registry important?
During the HALT MS Research Center Symposium and Focus group, researchers at UAB learned that people with MS would like to have a channel for learning about our center activities such as new study findings, events, and general news of aging and MS, as examples. To that end, one purpose of this project is to establish a registry as an information dissemination mechanism for the HALT MS Research Center.

What’s in it for me?
You will be helping us to build the registry that will be used to help researchers at UAB to communicate our research activities, events, and findings about aging and MS.

Will I be compensated for my time?
No, there will be no compensation for registration.
If you are interested in participating in this registry, please click the link below or e-mail Trinh Huynh at enrl@uabmc.edu.

https://uab.co1.qualtrics.com/jfe/form/SV_3RcRnwQVX6iptU9

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Real MS™ (Research Engagement About Life with MS)

In the summer of 2016, the iConquerMS initiative launched REAL MS, a longitudinal study of MS. REAL MS participants complete questionnaires online twice each year on a variety of subjects, including health history, diet, exercise and their experience with MS. A ninth round of REAL MS surveys are now available through the iConquerMS portal. Completing these surveys is one of the simplest ways you can accelerate MS research. The information collected will play a pivotal role in helping scientists and clinicians gain a better understanding of the health and quality of life over time for people with MS. REAL MS is just one of the many ways iConquerMS is facilitating research on topics of importance to people affected by the disease. If you are not already a member, please consider joining iConquerMS, the only people-powered research network for MS. Already a member? Please log in to your account and complete your open surveys!
New Year, New You

Study Title: Step for MS (Supervised versus Telerehab Exercise Program for People with Multiple Sclerosis)

Study Purpose:
New research shows that exercise is good for people with MS and may decrease symptoms and improve health and walking ability. An exercise study called STEP for MS will compare the outcomes of a 16-week exercise program conducted at home to a program conducted in a gym. The researchers conducting the study hope that the findings will make exercise and its benefits more available to people with MS who have problems walking.

This Study Involves:
Participants will exercise two times per week for about one hour each session for 16 weeks. A trained “coach” will help participants learn how to exercise and will provide encouragement throughout the program. Participants will take assessments before starting the program, two months into the program, at 16-weeks when the program ends, and at 6 and 12 months after starting the program.

Eligibility:
If you are between the ages of 18 and 65 years and you have Multiple Sclerosis you may qualify if you:

- Can walk but you have some difficulty, with or without a device
- Do not exercise regularly
- Have not had a relapse in the past month
- Can commit to train 2 times a week for 16 weeks
- Can drive to study site for assessments and potentially for exercise training
- Have reliable internet access
Participating Locations:

- Massachusetts General Hospital, Boston, MA (new site now open!)
  Contact: Dr. Plumer 617-724-3103/ PPlummer@MGHIHP.EDU
- Shepherd Center, Atlanta, GA
  Contact: Erica Sutton at 404-367-1305
- Cleveland Clinic, Mellen Center, Cleveland, OH
  Contact: Darlene Stough at 216-445-5877/ stoughd@ccf.org
- University of Colorado, Denver
  Contact: Alexa Vareldzis: neurologyresearchpartners@cuanschutz.edu / 303-724-4644
- University of Alabama, Birmingham
  Contact: Petra Silic at 205-975-1306/ petra09@uab.edu
- University of Georgia, Athens
  Contact: Megan Ware at 423-260-5045/ megan.ware20@uga.edu
- Marquette University, Milwaukee, WI
  Contact: Heidi Feuling at 414-288-6209/ Heidi.feuling@marquette.edu
- University of North Carolina, Chapel Hill
  Contact: Rachel Keen at 704-877-5636/ rayray@live.unc.edu

For more information, please visit our website: https://www.iconquerms.org/welcome-step-ms