

# December 2021 Newsletter



## December 2021 Research Spotlight

### RESEARCH OPPORTUNITIES



## Ready to Create?

### Try an Art Study

University of Florida Art Research Study Seeks People with Multiple Sclerosis (MS)

#### What is the study about?

This research aims to explore if participation in a virtual arts program is safe, tolerable, and effective in supporting the well-being of people with multiple sclerosis by reducing social isolation and enhancing self-efficacy. The primary investigator and facilitator is a visual artist and graduate student at the University of Florida in the arts in medicine program.

## Why participate?

- You may contribute valuable information that may be of use to researchers in the future.
- You will be sent all art materials and necessary supplies at no cost to you.
- You'll have opportunities explore art processes and make art.

## Who can participate?

Up to 15 Adults with MS who

- have access to a computer, Wi-Fi, and Zoom
- have a physical address where art supplies can be sent
- have use of at least one hand
- are available to attend sessions on all of the following dates:

**February 15th, 16th, 17th, 18th, 21st, 22nd, 23rd, and 24th  
from 11:00 AM- 12:30 PM (EST)**

**Learn more and register today!**

**Visit [www.ArtWorxWell.com](http://www.ArtWorxWell.com)**

**or**

**Call Tayloe McDonald at**

**904-962-1639**

### **Conflict of Interest Disclosure:**

The University of Florida has reviewed the possibility of financial benefit. The University believes that the possible financial benefit to the person leading the research is not likely to affect your safety and/or the scientific quality of the study.



**Your health data  
has power!**

## **A new topic for the Our Questions Have Power program!**

When it comes to MS symptoms and how to manage them, what questions are most important to you? What symptom-related topics do you wish researchers were studying? **Your questions are valuable** and we invite you to share them through the **Our Questions Have Power** program on the [iConquerMS](#) website.

[The Our Questions Have Power program](#) was launched in March with an initial focus on COVID-19. Questions submitted by iConquerMS members have helped shape the [COVER-MS vaccination study](#) and are being shared with the research community to guide other efforts.

We're now extending Our Questions Have Power to include a second topic: **MS symptoms and their management and treatment**. As before, you're invited to share questions on this topic that you think should be studied and to vote on questions submitted by other iConquerMS members.

We'll share these questions with people affected by MS, researchers, healthcare professionals, advocates, and funders – and, together, we'll work to launch research studies to answer those questions.

It's easy to share your ideas and input in Our Questions Have Power!

- Log into [iConquerMS](#) to start (create an account first if you don't already have one).
- Have a research question to submit? Click **PROPOSE an MS Research Question** to submit a question you'd like to see studied.
- Want to weigh in on other people's ideas? Click **VOTE and COMMENT on MS Research Questions** to review, comment, and vote on questions submitted by other iConquerMS members.