

August 2019 Newsletter



Research Spotlight

EVENTS



Tisch MS Research Center of New York 22nd Annual MS Patient Education Symposium

22nd Annual Tisch MS Research Center of New York Patient Symposium

Every year the Tisch MS Research Center of New York hosts a free educational event for all people with MS, friends, family, caregivers, health professionals or anyone else that would like to learn more about the latest treatments, ways to manage MS symptoms and research initiatives for MS. This event will be held on Sunday, October 6, 2019, 9:30am – 1:00pm, at the New York Hilton Midtown. Speakers will include leading MS clinicians and Tisch MS researchers who will be sharing innovative therapies and research discoveries in the Tisch MS Laboratory. For more

details or to register for the event, click [here](#). Registration is also available at www.tischms.org/events or by calling 646-557-3919.

RESEARCH OPPORTUNITIES



CLINICAL NEUROSCIENCE LAB

Using neuropsychology and neuroscience to investigate mind-body approaches

Help us learn ways to improve thinking in people with MS

Purpose of this study:

The Clinical Neuroscience Laboratory at The Ohio State University is conducting a 6-month study to potentially improve thinking in people with MS.

Researcher:

Dr. Ruchika Prakash, The Ohio State University

Participating locations:

Ohio State University, Columbus OH

This study involves:

- Wearing a device to monitor your step-count or water intake
- 5 study visits over a 6 month period, as follows
 - 2 visits before wearing the device
 - 1 visit while wearing the device
 - 2 visits immediately afterward
- Each visit will last about 3 hours, and will be scheduled at your convenience
- Parking will be covered
- Participants will be compensated

Recruiting:

Individuals must be diagnosed with relapsing-remitting MS, aged 30-59, with no other psychiatric or neurological illnesses

Contact information:

If you are interested in participating, please contact laboratory staff

- By email: ra@clinicalneurosciencelab.com
 - By phone: (614) 292-9568
 - By visiting the Clinical Neuroscience Laboratory's [website](#)
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Help us promote psychological wellbeing and mental health in people with MS!

A group of health care providers is interested in promoting the psychological wellbeing and mental health of every person with MS. They would like to better understand how people with MS from different backgrounds think about and experience mental health.

If you have MS and are 18 years or older, you are invited to complete a research survey and share your thoughts:

<https://arcsapps.umassmed.edu/redcap/surveys/?s=8EEEMN4P3F>

Un grupo de profesionales de la salud esta interesado en promover el bienestar psicológico y la salud mental de todas las personas con esclerosis múltiple. Ellos buscan entender como las personas con esclerosis múltiple de diferentes orígenes piensan y experimentan el bienestar mental.

Si eres mayor de 18 años y tienes esclerosis múltiple, por favor comparte tu opinión contestando esta encuesta de investigación.

<https://arcsapps.umassmed.edu/redcap/surveys/?s=8EEEMN4P3F>

This survey should take about **30 minutes** to complete. Your participation is entirely voluntary. Your information will remain confidential and there will be no way of tracking your answers back to you. If you have any questions, please contact Daniela.PimentelMaldonado@umassmemorial.org.

This study is part of the University of Massachusetts Medical School.

Completar la encuesta toma alrededor de **30 minutos**. Tu participación es completamente voluntaria. Tu información va a permanecer confidencial y no habrá forma de saber cuáles respuestas fueron tuyas. Si tienes alguna pregunta, favor de escribir a

Daniela.PimentelMaldonado@umassmemorial.org.

Este estudio es parte de la Universidad de Massachusetts.