A Year Worth Remembering

We’ve covered a wealth of information in the ACP newsletter over the last 12 months. As the year draws to a close, we’d like to review some of our themes from 2020. For those who would like to revisit any of them, they are just a click away!

Looking for a boost during the pandemic? There are a number of ways people with MS can decrease the likelihood and severity of COVID-19 infection. iConquerMS members are contributing to finding the best solutions and outcomes for all affected by MS during the pandemic. Meet some people with MS that are reaching out and making a difference!

Thinking about New Year’s resolutions? Some of the smallest positive changes in behavior can help, for example quitting smoking and watching what you eat.

Curious about aging with MS? Learn more about the process of aging, including cognitive changes that may occur, and how menopause affects women with MS. Read about whether MS changes or weakens as an individual gets older and if it is safe to stop disease modifying therapy at a certain age. Check out a number of helpful therapies that may make life a little easier for MSers of all ages.

Frustrated by the rising cost of MS medications? Here are some resources that can help!

Does MS affect children, too? Discover the causes and symptoms of pediatric MS, as well as how the disease is diagnosed and treated in youth.

How can I help find a cure? Join iConquerMS! Network members have played an instrumental role in advancing people-centered MS research, including contributing to the development of new MS treatments and the National MS Society’s Pathways to Cures research plan.

We are grateful! Many individuals give of their time and talents to help us in our work. Whether they are assisting with administrative tasks and other projects, fundraising, or serving as a board member, we are grateful to all who contribute to our effort to accelerate MS research and move us closer to a cure!

Accelerated Cure Project – Click here for more information.