

## SECOND ANNUAL “HUNT FOR THE CURE” A BLAST!

On May 10th, the 2nd annual “Hunt for the Cure” scavenger hunt exceeded all expectations in terms of fun and fundraising by raising more than \$33,000 for the Boston Cure Project.

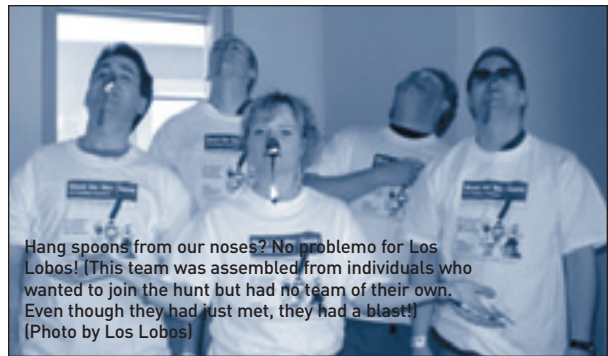
Over 20 teams were asked to find zany items, take pictures of team members in unusual or interesting situations, and answer difficult questions. Some of the more entertaining items included: a picture of a team member bowling while wearing a bathing suit, a team picture on a Zamboni, an overdue library book, a bag full of dryer lint and a 2-minute skit based on Gilligan’s Island delivered in “Yoda-speak” by the team.



Just a fraction of the team that made the Hunt a success  
(Photo by Andy Shein)

The Hunt began and ended at the Hideaway Lounge in Cambridge, which hosted the Hunt last year and repeated its generosity this year by contributing both space and food for the event. The exciting and fun pace of the day continued at the finish line party where party-goers mingled, bid on silent auction items, and swapped tales of scavenger hunt deeds of glory.

Last year’s winning team Kitty Carryalls haven’t lost their competitive edge – they seized third place. Upstart team Girls on the Run swooped in and captured second place in their rookie year. And the 1st place winning team was...Midnight Ramblers! Sibling rivalry and familial competition was thick in the air this year. Midnight Rambler’s team leader John Reardon went head to head with his sister - Kitty Carryalls’ leader Kathleen Reardon. The main goal of Girls on the Run was to beat the team leader Mary Dyer’s sisters’ team. And the individual who raised the most funds,



Hang spoons from our noses? No problemo for Los Lobos! (This team was assembled from individuals who wanted to join the hunt but had no team of their own. Even though they had just met, they had a blast!)  
(Photo by Los Lobos)

Kevin Gulley, was followed closely by 2nd place winner and wife, Melissa Gulley.

We succeeded in keeping the scavenger hunt a volunteer-driven event with minimal help from BCP staff. Many thanks to the hard work and dedication of our energetic, talented team of volunteers who made this fundraiser a great success!

### WINNING TEAMS

#### TOP 3 TEAMS FOR THE HUNT

1. John Reardon’s  
Midnight Ramblers
2. Mary Dyer’s  
‘Girls on the Run’
3. Kathy Reardon’s  
‘Kitty Carryalls’

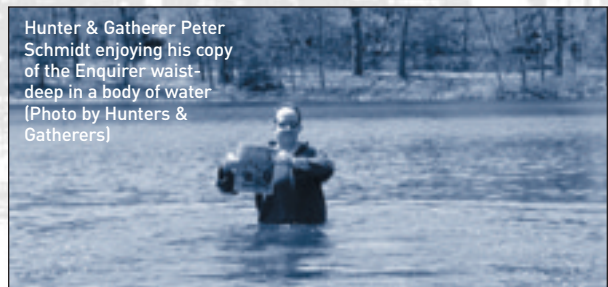
#### TOP INDIVIDUALS, MONEY RAISED

- Kevin Gulley  
Melissa Gulley  
Jennifer Kulm  
Ted Doyle

*\*Please note that due to a spelling error, Jennifer Kulm’s contributions raised did not get properly tallied. She is the official 3rd place individual for money raised, followed by Ted Doyle.*

#### TOP 3 TEAMS MONEY RAISED

- Fueldogs  
Chicks for the Cure  
Team Tang



Hunter & Gatherer Peter Schmidt enjoying his copy of the Enquirer waist-deep in a body of water  
(Photo by Hunters & Gatherers)

## SECOND ANNUAL HUNT FOR THE CURE (CONTINUED FROM PG.1)



The Pikers proudly display their hip "tatts"  
(Photo by Brian Del Vecchio)



▲ Mike & John Brosnan of Scavenger Geeks enjoy finish-line party fare  
(Photo by Brian Del Vecchio)



Hey! Where else can you see 2 grown men doing cat's cradle?!  
(Photo by Brian Del Vecchio)



Pirjo Heels of Hunters & Gatherers hits the bowling alley in this flirty two-piece bathing suit  
(Photo by Hunters & Gatherers) ◀



▲ MIDNIGHT RAMBLERS RULE!!!  
(Photo by Brian Del Vecchio)

### THE HUNT MANAGEMENT TEAM

Lisa Sargeant *Event Director*  
Kim Labow *Director of Printed Materials*  
Debbie Mellor *Director of Team Recruiting*  
Krista Milne *Director of Advertising*  
Joanne Minassian *Director of Corporate Sponsorships*  
Anthony O'Shea *Director of Registration*  
Amanda Viciano *Director of Event Logistics*

### CORPORATE SPONSORS:

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Sun Life Financial of Wellesley, MA  
West Suburban Imaging Center  
And special thanks to Dunkin' Donuts and Bruegger's for feeding our mob!

## EMPLOYEE PROFILE: SUE MELLOR

### NAME/NICKNAME:

Sue

### OCCUPATION:

Volunteer Administrative Assistant for Boston Cure Project

### REASON FOR JOINING BOSTON CURE PROJECT:

I wanted to be part of something I really, really believe in!

### LAST JOB/OCCUPATION:

Estate and Trust Officer for large trust company in Milwaukee, WI

### CURRENT RESIDENCE:

Auburn, NH



Volunteer Administrative Assistant, Sue Mellor (Photo by Frank Siteman)

### HOMETOWN(S):

Aberdeen, Scotland; Manchester, England; Milwaukee, WI; and now Auburn, NH

### HOBBIES:

Knitting, reading, and training to be a Hollywood sex kitten

### IDEAL VACATION SPOT:

So far, Cornwall, England (I don't get around much!)

### LEAST FAVORITE THING:

Getting up early in the morning!

### MOST FAVORITE THING:

Eating Andii's fudge

### IF YOU COULD DO ANYTHING IN THE WORLD, WHAT WOULD IT BE?

World Dictator (Dictatrix?)

## CONGRATULATIONS CORNER

Pear produced an 'apple'! Congratulations to Joshua and Alison Glastein on the birth of their daughter, *Sophia Rachel*. The apple of her parents' eyes landed on April 8th, exactly on her ETA, and weighed in at 7lbs 9oz. Alison's company, Pear Associates, is Boston Cure Project's grant-finding and writing consultant.

We'd also like to give a big welcome to *Henry George Moller*, who arrived here — all 9lbs 5oz. of him — on April 10th. His very proud Mom and Dad, Peter and Amy Moller, tell us that he's healthy, wonderfully laid back, and as cute as a button! We send our congratulations to all three of them! Peter's company QRSTs prints our wonderful Boston Cure T-shirts.

## LETTER FROM THE PRESIDENT

Welcome to the second year of our quarterly newsletters! Since we start the next newsletter as soon as the previous one has been mailed, it's hard to believe we've been putting them out for a whole year. I'd like to thank our volunteers who've helped with this effort, as well as the folks at Clockwork Design Group who do the layout, and Mail Perfect who gets it sent out to you.



This issue we recap the great time we just had at our second annual Hunt for the Cure Scavenger Hunt, which we've officially adopted as our annual springtime event. We'll introduce you to two new volunteer staff — my mom, Sue Mellor, and our first high-school intern Peter Harris. The Anna Peabody Fund is holding a raffle to raise funds for us — you can find the details on getting tickets inside.

The Cure Map is moving forward: we've posted numerous Phase 2 genetics documents to our web site, and we're currently laying the groundwork for the Blood, Tissue, and Data Bank. This issue's main article is about Informed Consent, a subject that is very relevant given our blood collection pilot trial.

As always, if you have any questions about the Boston Cure Project you can get in touch with me at [art@bostoncure.org](mailto:art@bostoncure.org) or 781-788-0880 or learn more about us at [www.bostoncure.org](http://www.bostoncure.org).

Regards,

Art Mellor  
President & CEO  
**Boston Cure Project, Inc.**

## BOSTON CURE PROJECT IN THE NEWS

Spring 2003 is in full bloom — as is media coverage of the Boston Cure Project for Multiple Sclerosis (MS)!

March and April were busy news months for the Boston Cure Project. Word of the Second Annual Boston Cure Project Scavenger Hunt spread to over 750,000 individuals through the following media coverage: **Boston Metro**, **WBZ/UIPN 38**, **Improper Bostonian**, **Boston Business Journal**, **Yahoo! Financial**, [www.copaxone.com](http://www.copaxone.com), the Avonex corporate Intranet, **Newton Tab**, [weeklydig.com](http://weeklydig.com), the **International Association of Business Communicators (IABC) Yankee Chapter Newsletter**, **All Saints Parish Newsletter (Brookline)**, and **The Wellesley MS Self Help Newsletter**.

The Boston Cure Project also launched the Blood, Tissue and Data Bank pilot in March. This huge step in implementing the Cure Map was covered in **Yahoo!**, **Boston Business Journal** and numerous online MS websites. More coverage is promised after the pilot is underway.

Reaching hundreds of thousands of individuals, Dr. Timothy Vartanian, the Boston Cure Project co-founder, and Krista Milne, Boston Cure Project staff volunteer and person with

MS, were quoted in the March 26 **Boston Globe** article "Harvard says common virus, MS may be linked."

In late February and early March, news of the Water Cove Charitable Foundation's pledge to match up to \$50,000 of funds contributed to the Boston Cure Project by April 30, appeared on **Yahoo! Finance**, as well as **Mass High Tech** and the **Newton Tab**.

Help us track Boston Cure Project in the news. Please inform Krista Milne, [kmilne@bostoncure.org](mailto:kmilne@bostoncure.org) when you come across any media coverage.

### **ANNA PEABODY FUND RAFFLE FURTHERS EFFORTS TOWARD A CURE FOR MS**

The Anna Peabody Fund, [www.annapeabody.org](http://www.annapeabody.org), is holding a raffle for a brand new 2003 Acura RSX, or \$20,000 cash. Ticket prices are \$50 each or 3 for \$100. Only 1,800 tickets are being sold, therefore your odds of winning are 1 in 1,800 — 1 in 600 for those of you who opt for 3 tickets. The lucky winner will be drawn on August 20, 2003 at 7:00 p.m. at the American Legion Hall in Arlington, MA, though you need not be present to win. Raffle tickets can be purchased by calling the Boston Cure Project at 781-788-0880.

# INFORMED CONSENT: AN OVERVIEW

by Margaret Doris, MDiv

Sooner or later, most people with Multiple Sclerosis (MS), and many people related to someone with MS, will be asked to participate in a research study. The type of research most people are familiar with is the clinical trial, a study whose purpose is to discover whether a particular drug, biologic, device or other intervention has a positive effect on MS. However, there are other types of research that encompass a wide variety of activities. Some research studies involve the collection of your personal or family data, your medical records and test results. Other studies may involve tests of physical or cognitive functions. Still other research studies involve collecting blood, tissue or other biological specimens for analysis, including genetic testing.

This last example represents the type of information that the Boston Cure Project will be collecting for its Multidisciplinary Tissue and Data Bank. This unique collection of samples from people with MS as well as healthy control subjects will aid researchers in their quest to identify the factors that contribute to the cause of MS. Extensive historical, as well as general lab and radiological information regarding the donors will be collected, allowing researchers access to integrated data.

## KNOW WHAT IT MEANS TO BE A STUDY PARTICIPANT

Different types of studies require different time commitments. Some may take as little as the ten minutes needed for a blood draw. Remember that time commitment is not always commensurate with risk. It is important that you make yourself informed of the possible risks, as well as the benefits, of participating in any study.

Prior to enrolling in a study, you will be asked to give your informed consent. It is important to remember – especially since researchers sometimes forget – that putting your signature on a consent form is not informed consent. Informed consent is a process, and the consent form only documents that process.

Before you are asked to sign a consent form, a member of the research team should explain the purpose and procedures of the study, as well as the potential risks and benefits to you. If applicable, alternatives to participation – such as receiving an approved drug treatment – should be explained. You should feel free to ask any questions you may have about the study, including whether the researchers have any financial stake in the study. You can request additional time to decide whether or not to participate in the study, and can ask for a copy of the consent form to review at home. You may wish to discuss your participation with your personal physician, your family, your friends and/or your religious or spiritual advisor. Once you decide to participate, you should again discuss the study with a member of the research team,

so any remaining questions can be answered and misunderstandings can be clarified.

Just because a research team member has spent time with you, it does not mean you are obligated to be in the study. You are never under any obligation to sign a consent form, and even after you have signed it you are free to change your mind at any time.

## BEFORE SIGNING ON THE DOTTED LINE

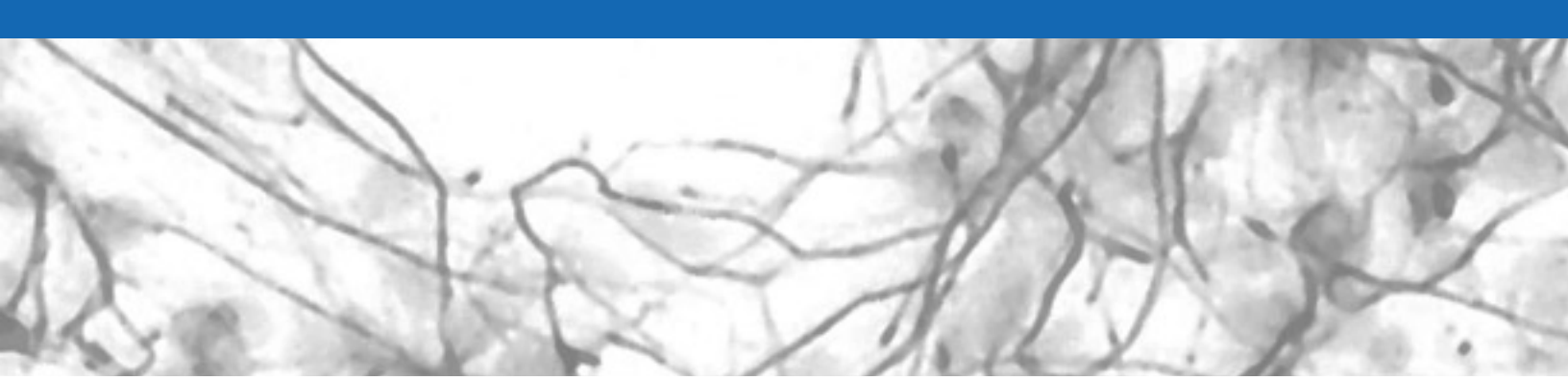
At a minimum, before signing the consent form you should have enough information to be able to answer the following questions:

- What are the risks/benefits of this research to me? What are the risks of my being harmed by the treatment they are studying? What will happen to me if I am harmed? Who will compensate me for any injuries caused by my participation?
- What has happened to people who are already enrolled in this and similar studies? Have they experienced any adverse effects?
- Do the people conducting the study have a financial interest in the outcome of the study? Is my physician receiving payment to recruit me for this study? Will the possible benefits of the study – commercial benefits and research results – be shared with the participants?
- Are the researchers who are performing medical procedures for the study licensed in my state? (Remember, MD is a degree and does not imply a license to practice medicine).
- How will my personal information, and that of my family members, be protected? What might happen if the researchers can't keep my personal information confidential? (Disclosure of your medical status or your genetic information could prove harmful to your ability to obtain or retain health insurance or life insurance, your family relationships and even your job security.)

## WHY DO WE NEED INFORMED CONSENT?

We like to think that medical researchers always operate in the best interests of patients, but research participants are not patients, and research — even clinical trials research — does not offer treatment. Though most researchers do make every effort to conduct their research in an ethical manner, sometimes — through error or ignorance — their research puts participants at risk. A researcher deliberately putting participants at risk to further his or her own interests does happen.

Many people mistakenly believe that research abuse of humans was unique to Nazi Germany. While it is true that the



research atrocities committed by Nazi physicians resulted in the issuance of the Nuremberg Code, the first internationally recognized code of research ethics, it is also true that unethical research also occurred in America prior to World War II. The poor, minorities, and the mentally disabled have been particularly vulnerable to domestic research abuse in the past.

Adopted in 1948, The Nuremberg Code was the first to make voluntary consent a requirement in clinical research studies. Under the Code, consent can be voluntary only if participants have the legal capacity to consent, they are free from coercion and they comprehend the risks and benefits to themselves. In 1964, the World Medical Association adopted the Helsinki Declaration, which expanded upon the Nuremberg Code by emphasizing the distinction between medical care that directly benefits the patient and research that may or may not provide direct benefit. (The guidelines have subsequently been revised three times.)

It was not until 1974 that the National Commission for the Protection of Human Subjects of Biomedical Research was established, and the National Research Act was passed by Congress. This Act requires that Institutional Review Boards (IRBs) review and approve all federally funded research involving humans. Four more years went by before the Commission published the Belmont Report, a guide for conducting ethical research with human participants. The report identifies three principles as fundamental to ethical research:

- 1. Respect for persons:** recognizing the autonomy and dignity of individuals, the right of individuals to receive information necessary to make independent decisions, and the need to protect those with diminished autonomy (i.e., impaired decision-making skills), such as children, the aged, and the disabled;
- 2. Beneficence:** the obligation to protect persons from harm by maximizing benefits and minimizing risks;
- 3. Justice:** fair distribution of the benefits and burdens of research.

The Belmont Report also explains how these principles apply to research practices. Informed consent is identified as a process that is essential to the principle of respect for persons. In 1991, the Federal Policy for the Protection of Human Subjects was adopted to ensure a uniform system of protections in all federal agencies and departments that conduct research.

While these protections are important, unfortunately unethical research continues to be a problem in this country. In 1999, teenager Jesse Gelsinger died after researchers at the University of Pennsylvania went “off protocol,” ignoring the gene therapy study enrollment requirements approved by the University’s IRB. While it is clear that some members of the research team cared deeply for Gelsinger and did not believe they were putting him at risk by going off protocol, it is also clear that the study’s principal investigator had a significant financial stake in the outcome of the study.

The Gelsinger case is dramatic, but it is by no means unique. Hundreds of research protection violations are reported to local IRBs and the federal government each year. Sometimes, death is the result.

## Before you are asked to sign a consent form, a member of the research team should explain the purpose and procedures of the study...

### ANYTHING ELSE BEFORE I SIGN?

There are many good reasons to volunteer to participate in a research trial. You may like the idea of having access to cutting-edge medicine, or having access to services your insurance doesn’t cover. You may feel strongly that by participating in research, you are helping to move researchers one step closer to finding a cure for MS.

While there are many legal protections in place to safeguard your participation, ultimately you are your own best advocate. The informed consent process should continue for the life of the study, and sometimes beyond. Continue to do your homework. Ask questions. If you don’t get answers, or don’t like the answers you get, remember you are under no obligation to stay in the study. You can withdraw your consent at any time, and you owe an explanation to no one.

### REFERENCES AND SELECTED BIBLIOGRAPHY

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## EMPLOYEE PROFILE: PETER HARRIS

### NAME/NICKNAME:

Peter Harris/Peter

### OCCUPATION:

Intern at Boston Cure Project, student at Noble and Greenough School

### REASON FOR JOINING BOSTON CURE PROJECT:

To learn about MS and the workings of a small non-profit organization

### LAST JOB/OCCUPATION:

Intern on the White House for Governor Campaign, Boys and Girls Clubs of Newport County, Student

### CURRENT RESIDENCE:

Dover, MA

### HOMETOWN:

Dover

### HOBBIES:

Water skiing, snow skiing, hockey, lacrosse, football, friends, and school

### IDEAL VACATION SPOT:

New Hampshire — all year round. Skating on lakes in the winter, and water skiing during the summer

### IF YOU COULD DO ANYTHING IN THE WORLD, WHAT WOULD IT BE?

Helicopter skiing in British Columbia or the Alps!



Our Intern from Noble and Greenough School, Peter Harris (Photo by Art Mellor)

Our volunteers are a precious resource! These generous folks have been giving their time to Boston Cure Project in late Winter/early Spring.

### VOLUNTEER STAFF

Peter Harris - Intern  
Debbie Mellor - Contributor  
Acquisition  
Susan Mellor - Administrative Assistant

### ADVISORS/ CONNECTIONS

Shari Agatstein  
Sara Andrews  
Wendy Booker  
Gordon Brownlee  
Bob Carpenter  
Stephanie Clipper  
Mary Dyer  
Marion Emr  
Dr. Charles Guttman  
Dr. Katrina Gwinn-Hardy  
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Peter Schmidt  
Pat Turner  
Dr. Ursula Utz  
Alan Weinberg  
Dr. David Weinstein  
Debby Wiesen

### APF RAFFLE

Robert Drake  
Adam Hayes  
Nancy Kaplan  
Charlie Namias

### FITSENSE FUNDRAISING

Tom Blackadar  
Debbie Mellor  
Anthony O'Shea

### MAR/COM COMMITTEE

David Flannery, Jr.  
Debbie Mellor  
Krista Milne  
Anthony O'Shea  
Lisa Sargeant  
Joel Shore

### MSNEWS

Steve Bowler  
Brian Del Vecchio  
John Dunphy  
Peter Harris

### "NEWLY DIAGNOSED" BROCHURE

Dr. Maggie Harling  
Cynthia King  
Dr. Lisa Paine

### NEWSLETTER

Maryann Boyle  
Murray  
Kate Cosentino  
Margaret Doris-Pierce  
Sue Mellor  
Cynthia King  
Marcie Lascher  
Andrea Rundgren

### PERSONAL APPEAL CAMPAIGN

David Blohm  
Nancy Kaplan  
Fred Marx  
Robin Mirollo  
Jacqui McCoy  
Michelle McHugh  
Krista Milne  
John Reardon

### SCAVENGER HUNT

Dr. John Copeland

Melissa Baker  
Dena Barisano  
Molly Corbett  
Brian Del Vecchio  
Michelle Dolan  
Margaret Doris  
Mary Dyer  
David Flannery  
Julie Gershon  
Rose Gershon  
Bryan Gildenberg  
Nancy Gildenberg  
Rachel Golub  
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Cindy Labow  
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Mark Minassian  
Andrew Olson  
David Olson  
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Chuck Potier  
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Jazmin Santiago  
Lisa Sargeant  
Hollie Schmidt  
Andy Shein  
Laurie Teffield  
Suresh Tiperneni  
John Ufland  
Ken Viciano  
Amanda Viciano  
Debby Wiesen  
Jen Wise  
Matt Wise

### OTHER

Stephanie Andrews (Cure Map)  
Barry Coflan (MS studies questionnaire)  
Nancy Davis (Race to Erase MS)  
Amanda Gaffey (administrative)  
Theresa Hahn (web site)  
Peter Harris (PSA, Admin)  
Leslie Kenney (BCP Winter Gathering)  
Bruce Manning

(Sloan team advisor)  
Jill McGaffigan (financials)  
Debbie Mellor (Missing Link, various)  
Sloan School  
Team Tiger  
Michael Silton (CME course research)

### COMPANIES CONTRIBUTING GOODS OR SERVICES:

Bruegger's Bagels (bagels)  
Clockwork Design Group, Inc. (design)  
Dunkin' Donuts (doughnuts)  
Frank Siteman (photography)  
The Hideaway Lounge (event site & food)  
Mail Perfect, Inc. (mailing services)

If for any reason you've been left off this list in error, please let us know so we can include you in our next issue!

# PUZZLER CORNER

**Welcome to our Boston Cure Project puzzler corner!** Every correct answer wins a BCP T-shirt, so email yours to newsletter@bostoncure.org. Please remember to include your **address** and **desired t-shirt size** (S-M-L-XL)

### Who was the celebrity guest speaker at the Second Annual Boston Cure Party?

Answer to last issue's puzzler:

Q: How many teams competed in Boston Cure Project's "Hunt for the Cure 2002" held last October?

A: 30

# T-SHIRT PICTURES

## WANT A BOSTON CURE PROJECT T-SHIRT?

Visiting an exotic (or not so exotic) locale? If you offer to take a picture at your destination with a Boston Cure Project T-shirt on, we'll send you one for free!



Art in Hawaii for the A.A.N. Conference  
(Photo by Hollie Schmidt)



Kate Cosentino at Martha's Vineyard  
(she's shy!) (Photo by Kate Cosentino)



Debby Weisen at the Bay Bridge in  
San Francisco (Photo by Andrea Rundgren)

Chad Tempest at  
the "Hall of  
Mirrors" in  
Versailles.  
(Photo by  
Joanna Maley)



Joanna Maley at  
the Louvre in  
Paris.  
(Photo by  
Chad Tempest)

## CURE MAP UPDATE

We are pleased to report a great deal of progress in two areas of the Cure Map: our review of the genetics literature for MS (Phase 2), and the establishment of our Blood & Tissue Bank – the goal of which is to provide much-needed samples for scientists studying the causes of MS (Phase 4).

With regard to our Phase 2 genetics work, we have posted two documents to our web site, one covering chromosomal abnormalities in MS and the other dealing with defects in mitochondrial DNA (mtDNA). Analysis of the existing literature in both areas indicates that neither large scale chromosomal aberrations nor mtDNA mutations are solely responsible for MS. However, these types of genetic defects may still play a role in MS. For instance, increased numbers of chromosomal aberrations have been reported in the cells of people with MS, but the reason for this is not clear. In addition, there is evidence that the inflammation that occurs in MS lesions damages mtDNA, and this damage may further contribute to degeneration.

You can view these two documents on our web site by going to [www.bostoncure.org](http://www.bostoncure.org), clicking on "News & Events," clicking on "Documents," then opening the documents, which are listed under the "Cure Map Information" Heading. Other Phase 2 documents are approaching final draft form and will be posted to our web site as soon as possible.

Moving on to the Blood & Tissue Bank, we have completed draft contractual agreements with our third-party vendor who will be storing and distributing samples for us. We are hammering out the informed consent form, subject questionnaire, and other necessary documents. We have also signed up two MS clinics that will participate in our pilot collection. Lastly, we are continuing to talk with MS scientists to confirm their need for this resource and solicit their opinions on what we should collect.

We will have much more to report in the future, so stay tuned!



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Arlington, MA 02474

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Send changes in  
contact information to  
[info@bostoncure.org](mailto:info@bostoncure.org)  
or give us a call at  
781-788-0880!

## Change Service Requested

### CONTRIBUTE TO BOSTON CURE PROJECT:

**By Check:** make checks payable to Boston Cure Project, Inc., and mail to:

Boston Cure Project,  
13 Belton St.  
Arlington, MA 02474

**By Credit Card:** on [www.bostoncure.org](http://www.bostoncure.org), click "Donate/Volunteer," click "Donate Money," and follow instructions under the heading "Donations by Credit Card."

**Volunteer Today:** See [www.bostoncure.org](http://www.bostoncure.org) for volunteer opportunities or contact call at 781-788-0880, or email at [info@bostoncure.org](mailto:info@bostoncure.org).

**Want a Boston Cure Project T-Shirt?** For any donation of \$25 or more, we will send you a t-shirt upon request. If you offer to send us a picture of yourself in one of our t-shirts at some unusual locale, we'll send you one for free! **Please remember to indicate t-shirt size** when making your request.

**Subscribe Now to Our Newsletter Mailing:** call 781-788-0880 or email us at [newsletter@bostoncure.org](mailto:newsletter@bostoncure.org). You may also unsubscribe using this contact information.

**Subscribe Now to Our Electronic Mailing Lists:** Go to [www.bostoncure.org](http://www.bostoncure.org). You'll find sign-up info under the "Contact Us" heading. You may also unsubscribe using this contact information. **The lists are:**

**bcp-announce** Occasional announcements regarding events, important news, new mailing lists, etc. If you only sign up for one list, have it be this one.

**bcp-status** Monthly, more detailed updates of what we have been doing on a regular basis. Includes more information on our week-to-week operations.

**bcp-volunteer** Sign up for this list if you would like to volunteer. We'll contact you as volunteering opportunities arise.

### MS NEWS WEB SITE: PRODUCED BY BOSTON CURE PROJECT

MS News is the first interactive online source of MS-related news and research updates. MSNews provides a place for the MS community – individuals with Multiple Sclerosis, family members, clinicians, scientists and others to read and submit the latest news and research updates, participate in discussions on MS topics, and stay up-to-date on the issues that affect them most. Available free of charge by visiting <http://msnews.bostoncure.org>.

**Have you moved? Changed your email address?** Let us know! Send changes in contact information to [info@bostoncure.org](mailto:info@bostoncure.org) or give us a call at 781-788-0880!

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